



1st INFOPACK

FORum THEatre Gender Equality

Erasmus + K.A.1 Youth exchange

Nea Moudania (Nea Potidea) -Greece (14-23 of September 2018)

Welcome on board!! ☺

The NGO "You in Europe" is going to host the Youth exchange "FORum THEatre Gender Equality".

30 participants + 6 leaders from 6 countries (Greece, Italy, Romania, Poland, Portugal and Slovenia) will meet in Nea Potidea Halkidiki (5km from Nea Moudania) from 14 to 23 of September 2018.

Aim of the project

With this youth exchange we want to motivate, prepare and support young people for a commitment to support gender equality and give the opportunity for a first exchange of experiences.

Today our society is going through significant changes, however, youth is often lacking a safe forum to discuss personal experiences in a constructive manner. Theatre of the Oppressed (or Forum Theatre) is an efficient method to address any social issues and to enable the people to find solution strategies together in order to cope with the challenges they might face both on a societal and an individual level.

Theatre of the Oppressed offers a unique possibility not only to map difficulties and initiate a discourse, but also to act out situations and to personally experience them, thus gaining a better understanding of one's



youineurope@gmail.com

tel: +302373065621



own reactions and inhibitions, as well as to discover possible solutions linked to the common social problem.

Objectives:

- raising awareness of gender issues
- learning about the method of Theatre of the Oppressed
- sharing personal experiences, initiating an international discourse
- writing a new play on gender issues based on the participants' own experiences and input
- give tools to start own forum theatre groups in their communities
- building a network of forum theatre groups

Methods:

- leading the participants through the processes of group formation and building a play
- basic drama exercises, raising body consciousness
- icebreaking, teambuilding, simulations, working groups
- facilitation techniques (role of the Joker)
- complex artistic techniques (e.g. use of music and drawing when writing a play)
- discovering other theatrical methods - Invisible Theatre, Image Theatre, Newspaper Theatre

Target group

5 participants (age 18-25) + 1 group leader per country. Please keep the gender balance as much as you can



Venue of the project

The project will be held in "SeaView apartments" in Potidea beach (5km from Nea Moudania)

https://www.booking.com/hotel/gr/sea-view-apartment-nea-potidaia.en-gb.html?aid=357006&label=gog235jc-hotel-el-gr-seaViewNapartmentNneaNpotidaia-unspec-gr-com-L%3Ael-O%3AawindowsS10-B%3Achrome-N%3AXX-S%3Abo-U%3Ac-H%3As&sid=ed54a4baf801b5e9f3b5151017c6ef2&dist=0&lang=en-gb&sb_price_type=total&soz=1&type=total&lang_click=top;cdl=el;lang_changed=1

Travel info and budget

The nearest airport is Thessaloniki airport "Makedonia" (SKG).
The amount that we cover for travel expenses, regarding the distance calculator, for each country and for each participant is:



Italy: up to 275 € pp
Romania: up to 275 € pp
Poland: up to 275 € pp
Portugal: up to 360 € pp
Slovenia: up to 275 € pp

From Thessaloniki airport we can arrange you the transfer to the venue by minivan. Total cost per one-way route is 60-70 euros (for 6 people)

** Please be aware that the 14 of September is the arrival day and 23 of September is the departure day of the project.

** If you would like to stay more days in Greece by your own expenses, you could book your ticket MAX 2 days before the project or MAX 2 days after.

**Please send us your travel plan before your final booking, in order to confirm it.

That's for start☺. You are going to have further information shortly.

Do not hesitate to contact us for any question or clarification
The YOU in EUROPE team
Vasilis- Grigoris- Stavroula-Ioanna

Our phone numbers for contact:

Vasilis: +306942869970

Ioanna: +306945860682

Grigoris: +306972157784

Stavroula: +306937240180



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tel: +302373065621